

NORTH COUNTRY REGION  
**EAT SMART NEW YORK**  
Program

A Nutrition Education program



Cornell University  
Cooperative Extension

COUNTIES WE COVER: Oneida, Oswego, Jefferson,  
Franklin, Essex, Herkimer, Lewis, St. Lawrence,  
Hamilton & Clinton

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**INDIVIDUAL/GROUP INFORMATION**

**NAME:** \_\_\_\_\_

**CLIENT/GROUP IS A:**

   Parent    Teen    Senior    School

**Other:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Language:** \_\_\_\_\_

**REFERRING AGENCY INFORMATION**

**AGENCY:** \_\_\_\_\_

**Name:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Fax:** \_\_\_\_\_

**Notes:** \_\_\_\_\_

Date of Referral:

Reason for Referral:

Other Services Client/Group Receives:

☐ FOOD STAMPS    ☐ MEDICAID    ☐ WIC    ☐ SSI    ☐ TANF    ☐ HEAD START

**Topics of Interest:**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Increasing Fruits & Vegetables | <input type="checkbox"/> Reducing Sweetened Beverages      | <input type="checkbox"/> Choose My Plate |
| <input type="checkbox"/> Healthier Meal Planning        | <input type="checkbox"/> Increasing Physical Activity      | <input type="checkbox"/> OTHER           |
| <input type="checkbox"/> Healthy Eating for Children    | <input type="checkbox"/> Healthier Low Cost Snacks & Meals | _____                                    |

**Consent of Release of Information:**

I, \_\_\_\_\_, consent to the release of information to Cornell Cooperative Extension (CCE). I understand that a CCE program educator will contact me with further information about programs that may be of interest to me.

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USDA is an equal opportunity provider and employer. This material was funded by the USDA's Supplemental Nutrition Assistance Program— SNAP. SNAP provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out how to check your eligibility for a range of benefits and apply for SNAP, go to [myBenefits.ny.gov](http://myBenefits.ny.gov) or call 1-800-342-3009 for more information